

Technical Development Report

Date created

30 August 2017

Title of Evidence Summary

Achilles Tendon Rupture: Rehabilitation

PICO question

What is the best available evidence regarding rehabilitation of patients with Achilles tendon rupture?

Scientific Writer, post-nominals

Xxxxxxx Xxxxxx, B. App Sc (Physiotherapy)

Search strategy

Time frame: Last 5 years

Databases searched: JBI Database of Systematic Reviews and Implementation Reports; Cochrane Library; PubMed; CINAHL; Physiotherapy Evidence Database (PEDro).

Search terms: Achilles, Achilles tendon, Achilles tendon rupture, and rehabilitation.

References found

McCormark R, Bovard J. Early functional rehabilitation or cast immobilization for the postoperative management of acute Achilles tendon rupture? A systematic review and meta-analysis of randomized controlled trials. Br J Sport Med. 2015; 49: 1329-1335.

Quality Appraisal Checklist

McCormark et al. 2015

SYSTEMATIC REVIEW	Response (Y, N, U, NA)
1. Is the review question clearly and explicitly stated?	Y
2. Was the search strategy appropriate?	Y
3. Were the inclusion criteria appropriate for the review question?	Y
4. Was critical appraisal conducted by two or more independent reviewers?	Y
5. Were the methods used to combine studies appropriate?	Y
6. Were recommendations for policy and/or practice supported by the reported data?	Y

Y, Yes; N, No; U, Unclear; NA, Not Applicable

Notes

One systematic review (McCormark et al. 2015) was added to the Evidence Summary.